

Residential Living



life
care
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INSPIRED
LIVING



Starting the Conversation

As we grow older, it can be hard to start the conversation about what our changing needs are. It can be a difficult conversation, but it doesn't have to be.

It's something we all need to talk about, but often we are afraid to. We don't know the right questions to ask or where to find the correct information.

We are often unsure of the options available and are worried about how it will impact on our loved ones.

We Encourage You to Talk to Life Care

We will listen to your questions, ask about your needs and provide some options and solutions that will help with your decision making.

Life Care understands this can be a challenging time as you navigate your way through a whole range of options.

We understand what you are going through, the questions you may have and the decisions you might need to make. We have the experience, the knowledge, the service options and the flexibility to help ensure that the process for you and your family is a positive one.

Why Residential Living?

Residential Living is considered for a variety of reasons, but generally it's because living in your own home has become more difficult due to either reduced mobility or maybe illness. Moving into Residential Living can be a relief for some and for others it will be a highly emotional and stressful time.

Life Care's Residential Living offers accommodation as well as meals, cleaning, laundry, assistance with showering and dressing, nursing care, if required, as well as a variety of social opportunities.

The process of moving into Residential Living can be overwhelming or daunting. There are so many options and things to think about, and we understand this.

Living with Life Care

Life Care has five Residential Living locations that have been designed to create a community environment that focuses on a high quality of life and provide all residents with opportunities to 'Live Every Day'.

All of our Residential Living homes are well appointed with welcoming décor and landscaped gardens and outdoor areas. Residents are assisted to personalise their room to make it individual, homely and familiar.

At Life Care, residents are greatly encouraged to engage, participate and become actively involved in their Residential Living community. There are regular social outings and activities, tailored to residents' interests.

Life Care also helps residents stay connected with their own communities and clubs wherever possible with the assistance of volunteers.

Life Care also believes in promoting and encouraging active ageing, and as part of that, we provide physiotherapy, podiatry, occupational therapy and dietetics as well as exercise classes, and access to dental and optical services.

At Life Care we can give you peace of mind, and the support you need.

Call 1800 555 990 to talk to us about your Residential Living options or any of Life Care's services.

Frequently Asked Questions

We are happy to answer any questions you may have, but here are some questions we are often asked, which might help.

Q: Do you have any vacancies at the moment?

A: All our vacancies are coordinated by our Enquiry Team and will vary from location to location. Please call us on 1800 555 990.

Q: How long is the waiting list?

A: The waiting list varies for each home and is assessed on a needs basis depending on what type of room is available, rather than how long someone has been on the waiting list.

Q: How do I register my interest in Life Care's homes?

A: We are happy to discuss and register your interest in any of our homes. This is coordinated by our Enquiry Team. Please call us on 1800 555 990.

Q: What is ACAT?

A: The Aged Care Assessment Team (ACAT) assesses what level of care you require. As of 15 March 2016 the National Screening Assessment form will replace the ACAT Assessment.

Anyone can apply for an assessment and there is no charge. A member of the ACAT team will visit you and discuss with you your health, mobility and social needs. Our Enquiry Team can help you coordinate and facilitate this visit.

Q: What happens if my needs change?

A: Your needs are likely to change while you live with us. They may improve or decline, but this may not mean that you have to change rooms. This is called 'Ageing in Place' and we will work with you to ensure that all your needs are met. We move the services not people.

Q: What does low care and high care mean and what is the difference?

A: All our facilities are able to offer higher level care. In the past, aged care homes offered two levels of care: low level care (formerly known as hostels) where the residents were semi-independent and required minimal assistance, and high level care (formerly known as nursing homes) where 24 hour assistance and nursing care is required.

Q: What fees will I have to pay?

A: When you move into Life Care Residential Living, there are four types of fees that you may be asked to pay.

Please refer to the following page for information about these fees or for more detailed information refer to the Life Care Fees and Charges Summary.

For specific location room pricing, choose your preference under 'Our Locations' at www.lifecare.org.au/locations.

Life Care Residential Living Locations

Aldinga Beach Aldinga Beach Court 6 Pridham Boulevard Aldinga Beach

Glen Osmond Glenrose Court 550 Portrush Road Glen Osmond

Everard Park Parkrose Village 34 Norman Terrace Everard Park

Old Reynella Reynella Village 278 Old South Road Old Reynella

Joslin Gaynes Park Manor 251 Payneham Road Joslin

Visit www.lifecare.org.au/locations for detailed information about each of our five Residential Living locations.



Pricing

The aged care system in Australia aims to make sure that all older people can receive support and quality care when they need it. Current Government aged care reforms mean that all people entering residential living after 1 July 2014 have more flexibility and choice about how they pay for their accommodation.

When you move into Life Care Residential Living, there are four types of fees that you may be asked to pay. These include:

Basic Daily Fee

This is a contribution towards day-to-day living costs such as meals, laundry, cleaning and heating. This is set at 85% of a full pension and for some people, this may be the only fee they pay.

Means-tested Care Fee

This is an additional contribution towards the cost of care that some people may need to pay on top of the basic daily fee. The amount you are required to pay will depend on an assessment of your income and assets undertaken by the Department of Human Services (Centrelink).

Accommodation Payment Fee

This is a payment for your accommodation. Some people may have this paid in full or in part by the Australian Government, while others will need to pay the accommodation price themselves. The Department of Human Services will advise which applies to you depending on your income and assets.

Your Accommodation Payment choices are:

OPTION A - Full Refundable Accommodation Deposit (RAD) as a lump sum payment.

OPTION B - Full Daily Accommodation Payment (DAP) payable as a daily rate. If this option is chosen and no RAD deposit is paid, security in the form of a personal guarantee will be required.

OPTION C - A combination of A and B. If a 25% RAD deposit is paid, then this adjusted DAP is payable in lieu of the remaining 75% portion of the RAD as a daily rate.

See our table for accommodation room and costing options.

Optional Additional Fees

These fees may apply if you choose to pay for a higher standard of accommodation and/or additional services, such as hairdressing, individual newspapers and some excursions.



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Further information and pricing for each Residential Living location is available at www.lifecare.org.au or call our Enquiry Team on 1800 555 990.