

newslink

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 lifecare
CHURCHES OF CHRIST

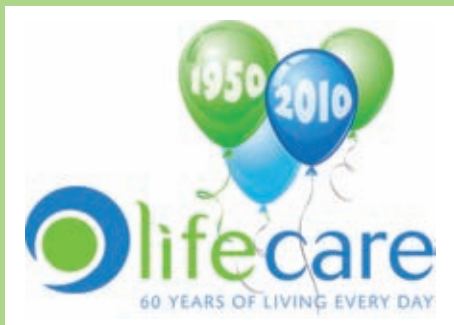


Introducing
Allen Candy,
our new CEO

Major award for
our Live Every
Day campaign

Life Care wins major award for its dynamic Live Every Day campaign

APPLAUDING
PORTRAYAL OF
OLDER PEOPLE



“Our fundamental goal is to help people live their lives to their potential as they age”



Dance like nobody is watching

Life Care has been honoured with the SA and NT Aged & Community Services (ACS) Excellence Award for its portrayal of older people in the media.

The award recognises the quality of Life Care's Live Every Day branding.

The ACS awards are presented to dynamic individuals and organisations making an exceptional contribution to residential and community aged care.

By winning the title, Life Care will go into the mix for a national award of excellence.

Life Care's Business Development Executive, Lyn Polley, said: "The organisation's fundamental goal is to help people live their lives to their potential as they age.

"Our new catch-cry Live Every Day is a constant reminder of that goal with every individual with whom we have contact including residents, clients and their families, staff, volunteers and suppliers."

The Live Every day campaign encourages people to dance like nobody is watching, sing like nobody is listening, love like they'll never get hurt and play like they've got nothing to lose.

The campaign is supported by vibrant photography showing older people having fun.

Life Care's new logo and branding were launched as part of the Live Every Day campaign in the lead-up to the organisation's 60th anniversary in 2010.

News Link is the official publication of the Churches of Christ Life Care Inc.

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Life Care is an integral part of the Churches of Christ and it embraces the Christian philosophies of justice, welfare and compassion.

Our Vision

Life Care's vision is to help people live life to their potential as they age. It achieves this vision by encouraging positive lifestyle and providing quality services in response to the needs of each person. Life Care believes each person in its care is unique.

It supports each person with dignity, respect and compassion.

Life Care's services are delivered by committed, caring staff and volunteers who are valued through:

- support
- encouragement
- development

DISCLAIMER:

Views expressed by contributors to News Link, and advertisements appearing in the publication, are not necessarily endorsed by Life Care.

On The Cover

In its 60th anniversary year, Life Care has won a major award for the positive manner in which it presents ageing.

The front cover photograph showcases our response to winning the Aged & Community Services (ACS) Excellence Award.

See opposite page.

Contents

CEO's Report	2-4
1970-1990: A period of change	4-5
New bridge to retirement	6-7
Glamour of staff awards dinner	8-9
New dimension in respite care	10
People & Places	11-

‘Walking the talk’ of our

CHIEF EXECUTIVE OFFICER’S REPORT

Life Care’s mantra to Live Every Day reflects its mission to care for each person the organisation touches, including residents and clients and their families, along with staff and volunteers.

It is a powerful expression of an organisation that values beyond anything else the desire to support and deliver quality of life.

Chief Executive Officer, Allen Candy, says the catch cry to Live Every Day will increasingly define Life Care’s position in aged care in South Australia.

“At every turn, we will walk the talk of living every day to set us apart as a unique model in aged care,” he said.

“It is not only about the quality of the care today, but our ability to plan, deliver and sustain our values into the next decade and beyond.

“It is not only about quality of life today, but our ability to plan, deliver and sustain our values into the next decade and beyond”

“Live Every Day is about motivating us all to ensure we are able to reach out and embrace more people into our workplace and into our care.”

Allen joined Life Care in July having previously served as Deputy Chief Executive Officer of Masonic Homes. A chartered accountant, he has also held senior management positions in the wine and meat industries.

“Working in the aged care sector presents many challenges and opportunities, and it particularly appeals to me because we are able to positively influence the lives of people,” Allen said.

“Like all organisations within this industry, we face big picture issues such as government funding, access to capital for further development, and recruiting and retention of skilled staff.

“As a not-for-profit provider, Life Care has excelled in establishing its reputation for service excellence, and the organisation is this year proudly celebrating its 60th anniversary of outstanding aged care.

“There are shining examples of Life Care’s achievements. Norman House is a stand-out facility that sets unprecedented standards in personalised respite care.



Visiting residents at Reynella Lodge

mantra to Live Every Day



Katherine Clark, Life Care's Retirement Living Coordinator, meets the locals at the launch of Uplands Drive at Murray Bridge

"Our commitment to Live Every Day, and what this stands for, spreads across our caring landscape including residential, community care, independent living, retirement, respite care and the community lifestyle program.

"I have succeeded Mark Criddle, the former Chief Executive Officer, in an organisation that is inherently sound, well-resourced and with a solid foundation for future growth, including the possible expansion of existing facilities and new greenfields opportunities.

"We are expanding our regional retirement living services with an exciting new development at Murray Bridge to meet the needs of people in that area of South Australia.

"Life Care will continue to make strategic investments in areas where we can reach out and serve more people in an ageing population.

"My objective is to ensure that those in charge of Life Care in 20 or 30 years from now will reflect on decisions made in our time and say the organisation was well served by committed and visionary people.

"In that context, the most important thing I say now to our employees is thank you for your decision to work for Life Care. We will ensure your employer of choice will deliver a safe, secure workplace that offers great opportunities for personal and professional advancement.

"We have in place an holistic approach to workforce development that is not just about performance management, but also due recognition for the quality of care that our people deliver. To Live Every Day is something we apply as much to our employees and volunteers as we do to residents and clients.

"To our volunteers, I also say thankyou for without them we could not deliver the outstanding care that has become the Life Care culture."

Allen is married to Nicole and they have two children - Lara, 9, and Alex, 7. Family and sport provide his great enjoyment away from work.

Reflecting on period of constant

60th ANNIVERSARY
1970-1990



Roselin Court under construction



Federal MP Ian Wilson and Albert Jones at the opening of a wing named in his honour

This edition of News Link continues to explore the development of Life Care from its inception with one rest home in 1950 to the multi-faceted aged care organisation it is today.

The June 2010 edition reflected on the first few decades of Christian Rest Homes, later Churches of Christ Retirement Services Incorporated and, in more recent years, Life Care.

The late Albert Jones was the first Administrator of the organisation. An energetic, talented and visionary man, Albert was a Churches of Christ Minister and Secretary of the church's Social Services Committee as well as taking the helm of the aged care arm of the organisation.

He was in that position from 1950 to 1978 having steered the opening of a retirement home at Portrush Road, St Georges, now Glenrose Court, and helping to build the funding and care base of the organisation, including development of Parkrose Village at Everard Park.

In 1978, at the retirement of Albert Jones, the Board decided to seek a full time Administrator for its work and Colin Dredge was appointed to this role. He came into the position after a working professionally as an accountant and training in Ministry at the Churches of Christ Theological College in Melbourne from 1962 to 1965. Ministry had taken him from Ascot Park in Adelaide to the Australian Capital Territory and to Queensland.

However, the prospect of combining his Christian ideals with his training in pastoral care, and his qualifications as an accountant, was enticing enough to bring him back to Adelaide.



Colin Dredge

"Solid foundations had been laid under the direction of Albert Jones, but we needed to continue expansion to meet the demand," Colin recalled.

"It was the start of a period of constant change within the organisation.

"We incorporated separately from the Churches of Christ conference to become Churches of Christ Retirement Services, which I felt was important in terms of positioning the organisation to be multi-dimensional and adaptable to emerging needs in aged care.

"A new retirement development on Payneham Road at Joslin had been approved in principle by the government in Albert Jones' time, and plans had been developed for a four-story building on one block of land with a nursing home on the top level.

"I was unhappy with this concept and the board agreed to commission new architectural plans that would, of necessity, require the purchase of adjoining properties to fulfil the new dream.

change, but consistent values

“Those acquisitions occurred and, after a lengthy approval process, Roselin Court was built in line with exciting new architectural plans drawn up by the Brown Falconer Group. The new facility was opened on time and on budget in 1983.”

Meanwhile, retirement units had been approved and built at Marion and Modbury, the original northern wing of Glenrose Court was knocked down and replaced with a three-story building and new units were built at Parkrose Village.

This growth demanded repeated consultation, and sometimes battles, with government. However, Colin and his dedicated staff were driven forward by their commitment and compassion for the growing number of aged people in need.

With continuing expansion, Churches of Christ Retirement Services Inc. took over its own accounting and introduced computerisation. The organisation’s first full-time chaplain, Jim Dow, was also appointed.

In the late 1980s, the opportunity came about to buy land at Aldinga in expectation of future demand for aged care in the region. The search had also begun for another suitable site for residential care and retirement living. Later that search led to the acquisition of what is now Reynella Lodge.

“Meanwhile, we had purchased a number of neighbouring properties at Everard Park, which were demolished to make way for construction of a dedicated activity and diversional therapy facility,” Colin said.

The organisation had also outgrown the offices it shared with Churches of



Roselin Court soon after opening

Christ in Grote Street and plans were activated culminating in the purchase of property at Melbourne Street, North Adelaide to establish a new corporate headquarters.

While his accountancy skills were vital in this defining period, Colin never lost sight of his commitment to pastoral care and he made a point of visiting Glenrose Court, Parkrose Village and Roselin Court each week to spend time with residents, staff and volunteers.

However, changing Government policy and funding arrangements were increasingly imposing on the pastoral aspect of his role and in 1989 he decided to resign and return to Ministry, serving communities in Blackwood, Brighton and Adelaide.

Kingsley Curtis succeeded Colin as Chief Executive Officer and happily these two colleagues are today regular golfing partners.

Colin also served as Chaplain at Reynella Lodge in 2004.

“I have always found it a joy relating with older people and appreciated sharing in their lives,” Colin said.

“I have had a very enjoyable career and reflect on some wonderful times and people in aged care. My companionship with Albert Jones was very special and I saw the real value in having his Secretary, Helen Sinkinson, continue in that role being the public face of the organisation to members of the community seeking residential care.

“A further feature of that time was the involvement of local churches in fund raising through special “At Home” days, and money raised was given to the homes for special projects.

“The organisation has been served by outstanding staff and dedicated volunteers who bring their own social richness into our care.

“I congratulate Life Care on its achievements over the decades and feel sure it is well placed to meet future challenges.”

A new 'bridge to retirement' on the

A NEW INVESTMENT
IN RETIREMENT LIVING



Life Care's Business Development Executive, Lyn Polley, Mayor Allan Arbon, and Wayne Perry, the sales consultant for the retirement homes

Life Care has officially unveiled its plans for a new retirement village in a picturesque riverside development at Murray Bridge.

A free community information day on 4 August provided the opportunity for retirees to consider the leisure lifestyle that will be presented at the Uplands Drive development.

Uplands Drive

As part of the exciting Narooma Waters residential project, Life Care's Uplands Drive investment will create 24 architecturally designed and landscaped homes with the choice of two or three bedrooms.

The quality homes, located only minutes from the commercial and civic centre of Murray Bridge, but in a tranquil reserve setting next to the river, will be built over two stages with all dwellings completed by next year.

The launch of Life Care's Uplands Drive development at the Riverside Restaurant and Café at Sturt Reserve attracted a wide cross section of people from Murray Bridge and others in Adelaide who were interested in making a lifestyle relocation.

Murray Bridge Mayor, Allan Arbon, said Uplands Drive was a welcome new development in the region.



Allen Candy chats with Michael De Nieuwe

banks of the River Murray



Guests at the launch received an information kit on Uplands Drive



Aubrey Kretschmer and Katherine Clark

"Murray Bridge is a great city with outstanding health care facilities and a wonderful lifestyle," he said. "Uplands Drive will be a very appealing place for retirees."

Katherine Clark, Life Care's Retirement Living Coordinator, said after the purchase, a monthly maintenance fee would cover the care of lawns and gardens, building and contents insurance, Council and

water rates, and the Emergency Services Levy.

Builder Alan Davis said each of the retirement homes would feature a solar hot water service and 3,000 litre rainwater tanks.

People attending the launch were presented with information packs and were encouraged to ask questions about the new development.

Polly and John Clarkson of Murray Bridge were pleased to learn that if they purchased one of the retirement homes they would be able to have family and friends stay with them.

Adelaide resident, Michael de Nieuwe, said he and his wife, Chris, were looking to retire in a country location. "We love the country lifestyle," he added. "It is more relaxing with better opportunities to interact with people in the community."

Glenelg resident, Heather Ford, said being by River Murray in a secure retirement setting appealed to her.

"It is such a lovely location and Murray Bridge is not a long way from Adelaide," she said.

For more information on the retirement homes, call Wayne Perry on 0400 250 004 e-mail wayne.perry@lifecare.org.au or go to www.uplandsdrive.com.au



Heather Ford with a chocolate fish presented as a memento of the launch

All the glitz and glamour

LIFE CARE'S 2010 STAFF RECOGNITION DINNER

Glitz, glamour, laughter and celebration were the hallmarks of Life Care's staff recognition dinner at the Pavilion on the Park in June.

Guests were greeted by an embracing impersonation of Marilyn Monroe and "hounded" by paparazzi as they paraded along a red carpet at the entrance of the fashionable restaurant.

Popular comedian, George Kapiniaris, set the fun mood for the night playing the role of senior Greek lady in one of Life Care's residential facilities. It showcased the talents of the man who is most often recognised for his role as the hapless insurance client in the RAA's television advertisements.

Life Care's then Acting Joint Chief Executive Officers, Anthea Le Cornu, and Andrew Harris, officially welcomed employees and Board members, including Chairman, John Stock.

Andrew highlighted the values that have defined Life Care in its 60 years



Embracing the fun of the evening (from left) Gillian Hopkins, Peter Manning and Laura Aldenhoven



Andrea Hanson and Barbara Gear

of caring for the aged people of South Australia.

"We extend to you our heartfelt thanks for what you do for our residents and clients, and also celebrate the contribution of those who have served before you over the past 60 years," he said.

Although some staff members who had achieved service milestones were unable to attend on the night, every recipient received the applause they deserved for their long commitment to Life Care.

Beverley Millar was the longest serving employee honoured on the night having worked with Life Care for 35 years. Earlier in her career, she helped care for Anne Harkness, who was the Matron at the organisation's first retirement home at St Georges, now Glen Osmond, in 1950.

Award recipients were as follows:

10 Years Service

Doug Walladge, Chaplain
Jenny Dinning, Roselin Court,
Adam Figg, Reynella Lodge
Bernice Barr, Community Services



All smiles for a memorable evening (from left) Deborah Muldoon, Paul Phillips, Beverley Millar, Angela Gillett, Jo Hackett, Margaret McRae and Raelene Madden.

of a Hollywood night out!



George Kapiniaris set the mood for a night of laughter



Marilyn Monroe and paparazzi



Geraldine Kaggwa and Doug Walladge

Marjorie Barrett, Reynella Lodge
Elizabeth Glanville, Glenrose Court
Neil King, Parkrose Village
Helen Pudney, Reynella Lodge

15 Year Service

Marie Nader, Community Services
Sylvia Whidborne, Roselin Court
Ivor Backshall, Glenrose Court

20 Year Service

Michelle Taylor, Reynella Lodge
Margaret McRae, Reynella Lodge
Eileen Laight, Reynella Lodge

35 Year Service

Beverley Millar, Glenrose Court



Cathy Holloway, Carole McHugh and Sue Mark

Bunnings brings a new dimension to respite care for Norman House clients

NORMAN HOUSE RESPITE CARE



Allen Smith and Kevin Stewart

Life Care's Norman House has been supported by Bunnings in a unique business companionship that is creating new levels of enjoyment and community interaction among people in respite care.

Norman House has already established a defining position in respite care for the way it embraces clients into the welcoming lifestyle of the home at Everard Park while their regular carers have some well-earned private time.

Community Respite Coordinator, Jacinta Robertson, said regular community excursions and special events had added a new dimension to physical and cognitive care at Norman House.

Groups of clients have enjoyed outings on the Glenelg tram, neighbourhood walks and visits to the beach, State Library, the Army Museum and Haigh's chocolate factory.

The vast Bunnings store at Mile End is the latest attraction for Norman House clients with monthly Tuesday and Friday visits accompanied by Life Care staff and volunteers.

"Bunnings voluntarily commit a staff member to spend time with us making it a real day out for our clients, including the provision of cake and a cuppa in a comfortable area of the store," Jacinta said.

"They visit sections of Bunnings, and the store is very generous by supplying us with various items that we can use at Norman House. For example, the store is helping us with supplies for our garden.

"Bunnings has been very supportive, and there have been some wonderful outcomes among our clients."



Jacinta Robertson and a Bunnings staff member help clients in their activity



An active and supportive environment

A toast to good communications as residents enjoy lunch with our CEO



Allen and his luncheon guests at the Birkenhead Tavern

When Life Care's new Chief Executive Officer, Allen Candy, recently visited Parkrose Village, he also brought along an example of his style as a "people person."

While enjoying conversation with residents, he met Jack Farmer, who had some suggestions about the lifestyle and leisure options for residents.

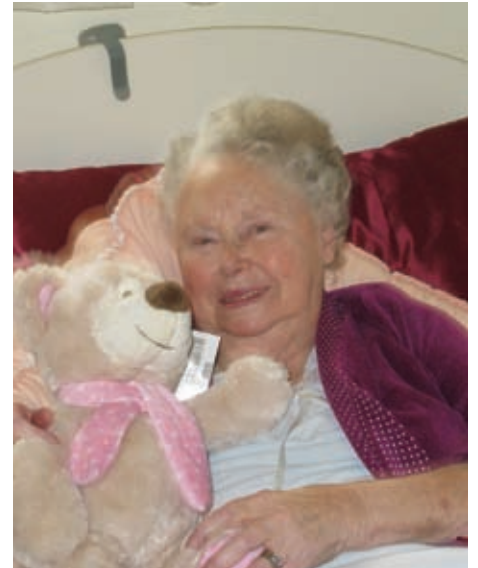
"Let's talk about it over lunch," Allen said. "And it's my shout."

A date was set and Allen hosted Jack, along with three other Parkrose Village residents - Lloyd O'Brien, Ray Virgin and Don Curnow - to an enjoyable lunch at the Birkenhead Tavern at Port Adelaide.

"When I visited Parkrose Village, two of the gentlemen said they had grown up in Port Adelaide and were keen to see how things had changed," Allen said. "They also said they would enjoy more outings, particularly along the coast."

After discussions with the Residential Care Manager, Ann-Marie Hogan, it was arranged for the residents to come to the Birkenhead Tavern for an excellent meal and lively discussion".

PEOPLE & PLACES ...
PARKROSE VILLAGE



Olga Warner and her teddy

Nothing beats a good old teddy cuddle

Age doesn't matter when it comes to teddy bears. Just ask the residents at Parkrose Village.

A fund-raising effort by the Leisure and Lifestyle team allowed the purchase of some giant teddies and cuddly cushions to surprise residents, and the result was amazing.

"It wasn't about reliving their childhood," said Leisure and Lifestyle Coordinator, Wendy Charleston. "We just wanted to share them around for some added comfort and cheer."

"The looks on the faces of residents was just amazing ... pure happiness."

Parkrose Village has also introduced fortnightly pamper sessions with hand massage and nail care combined with a "social cuppa" and shared chocolates.

"It has been particularly beneficial in supporting interaction between residents," Wendy said.

Meanwhile, students from Blackforest Primary School have continued their regular contact with residents. The latest visits by children resulted in a winter artwork and a series of indoor games with residents.

Vintage cars visit 'rev up' memories

PEOPLE & PLACES ...
ALDINGA BEACH COURT



Melva Bradshaw



Bill Marsh



Geoff Guy and Roy Watson



The carpark was abuzz as people inspected the vintage cars

A visit by vintage car enthusiasts in August allowed residents at Aldinga Beach Court to show and shine memories of their early motoring experiences.

Members of the Historic Motor Vehicles Club presented a fleet of beautifully restored and maintained vehicles that quickly filled the Aldinga Beach Court car park with residents, family members, staff and volunteers.

It was a case of touch, feel and talk as people shared stories about their first cars and family travels in vehicles similar to those on show.

Resident Alice Daly laughed and declared: "I am older than the cars!"

And that set the mood for fun and laughter and fascinating interaction with the owners of the sparkling cars of yesteryear.

Geoff Guy drove the Wolseley 650 to university to study for an arts degree in the 1950s, but later embraced the sporty Mini Cooper S as his favourite car.

"It is wonderful to see how people have kept these old cars going," Geoff said. "They certainly don't make them like they used to."



Melva Bradshaw remembered travelling with her parents in a Dodge while Bill Marsh recalled being behind the wheel of his 1934 Chevrolet Standard Sedan.

"I drove it for about four years and had quite a love for it," Bill said.

Leigh Blacket, a member of the Historic Motor Vehicles Club, said the countless hours of restoration were repaid in the admiration and enjoyment of others in their special motor cars.

"It is most enjoyable to visit places like Aldinga Beach Court because our cars bring back such clear memories for residents," he said.

"They have stories of breakdowns and flat tyres, but mostly fond recollections of their motoring travels."

Proving that art is where you create it

Residents, staff and volunteers at Glenrose Court have converted timber panels partitioning redevelopment work into a fascinating wall of artistic expression.

The panels hide extension work to the main dining room with work scheduled to be completed in October.

Members of the Glenrose Court craft group saw the opportunity to decorate the panels with landscape artwork complete with embossed flowers and rabbits.

Resident and accomplished artist, David Bunday, painted a majestic gum tree as the centrepiece of the landscape.

"Through their painting and craftwork residents have brought colourful life to a rather drab structure, and we hope to be able to display it in an appropriate place when the building work is completed," said Lifestyle and Volunteer Coordinator, Penny McCullough.

Resident, Val Secomb, said she enjoyed being involved in the project to "create something special out of nothing."

Meanwhile, Glenrose Court staff and volunteers embraced a motivational idea to create a "wall of fame" next to the landscape by featuring painted handprints.

"Some people made individual statements with their choice of colours, and overall we have created an artwork that displays unity and vitality," Penny said.



Artist and resident David Bunday and Penny McCullough
INSET: Val Secomb

PEOPLE & PLACES... GLENROSE COURT

Seeking to build volunteer participation

An effort has been mounted to build volunteer numbers at Roselin Court.

Volunteer meetings with specific training topics are held bi-monthly on Monday afternoons or Wednesday mornings.

There are many areas for people to become involved in volunteering. For more information on volunteering at Roselin Court, please call Mary Tuck on 8362 8974 or e-mail Mary.Tuck@lifecare.org.au

Recently a number of residents enjoyed a bus trip to the Adelaide Football Club.

Ronda Kemp in particular was delighted to visit the club and happily posed with photographs of favourite players.

Meanwhile, a raffle was conducted to help raise funds to purchase a new garden bench. The lucky winner was resident Max Rosenthal with second prize going to volunteer Jacquie Newgrain.

PEOPLE & PLACES... ROSELIN COURT



Ronda Kemp enjoys her Crows visit

Never ending entertainment and tours

PEOPLE & PLACES ... REYNELLA LODGE

Residents, staff and volunteers washed away the winter blues and prepared for Spring with a diverse series of entertaining events and activities.

A family fun day in late July brought a trading table, sausage sizzle and impressive display in the atrium by Noarlunga Model Railways.

Wobbles the Clown was a popular visitor as was our new Chief Executive Officer, Allen Candy, who joined residents for morning tea.

An enjoyable Christmas in July luncheon was followed by the Jewels of Ises belly dancers with a colourful evening performance.



Dennis Stopps particularly enjoyed the belly dancing

The performers explained the history of belly dancing and happily posed for photographs with residents.

Reynella Lodge has also launched a project to involve Corporate Services

staff in resident activities. Master Chef 2 is scheduled along with Andrew Harris in Who Wants To Be A Millionaire, Anthea Le Cornu in charades, Doug Walladge showcasing his bonsai talents and Derek Dittrich in a surprise activity.

Meanwhile, kitchen staff and residents are preparing a raised bed in the perfume garden to plant herbs and vegetables, and a flower garden will be established outside Gillard Lounge.

Bus trips are always popular, including a recent visit to the vast Virginia Nursery.



Tom meets one of the "residents" at Virginia Nursery

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CHURCHES OF CHRIST